**Class # 3 – Rosh Hashana: Moving from Spectator to Player  (*thank you Larry David)!***

Senior Fellowship Leadership Program

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<https://www.youtube.com/watch?v=NCGOFKC7-uY>

1. What type of events does Larry David generally buy tickets for? Why?
2. Why has he never bought a ticket for Rosh Hashana? Why does he buy one this year for the very first time?
3. What ironic feature of “buying a ticket” to High Holiday services is brought out so well by the case of someone like Larry David ?
4. What *spectator* experience do people like Larry David *think* is going on in the RH service?
5. How does it happen that entire Shuls throughout the USA are filled with spectators who have no idea what intense activity is *really* going on?
6. How can we move from being spectators to players this RH? What IS the activity of Tefillas RH??

Rambam, Laws of Tefilla Ch. 4:16

 - What is meant by [proper] intention? Kavvanah

One should clear his mind from all calculations (schemes) and envision himself as standing before the Divine Presence. Therefore, one must sit a short while before praying in order to focus his attention and then pray in a pleasant and supplicatory fashion.

One should not pray as one carrying a burden who throws it off and walks away. Therefore, one must sit a short while after praying, and then withdraw.

The pious ones of the previous generations would wait an hour before praying and an hour after praying. They would [also] extend their prayers for an hour.

1. In what sense can a person focus on being “before Hashem”? Why do we need to remove our own schemes to be “before Hashem”
2. How does the fact that we all have heard the Shofar before the Musaf Amidah – affect us?
3. What are the three central berachot of the Musaf prayer?
4. What are the three central themes?