

הלכות ברכות הודאות (סימן רכ: הטבת חלום ותעניתו)

רכ:א

Outline

1. Today's Topics
 - a. Experiencing a bad dream
2. (רכ:א) הטבת חלום
 - a. If one has a dream and is disturbed by it, he should gladden it before three of his friends and say to them, "I saw a good dream," and they respond, "It is good and it should be good etc." (שו"ע)
 - i. Q: What if he is disturbed but the dream did not have a bad meaning?
 1. Nonetheless, this הלכה applies (משנ"ב א)
 - ii. Q: What if one fasts because of the dream?
 1. Nonetheless, this הלכה applies (משנ"ב ב)
 - iii. Q: When should one do this ceremony?
 1. In the morning because זריזין מקדימין למצות, but if so, then the friends should not tell him to go eat if he is fasting (משנ"ב שם)
 - iv. Q: What should one recall when doing the ceremony?
 1. The dream he had (משנ"ב שם)
 - v. Q: Is there a מצוה to do this ceremony?
 1. Yes, because by doing so, one calms himself (משנ"ב ג)
 - vi. Q: May one do this on שבת?
 1. Yes (משנ"ב שם)
 - vii. Q: How many times do the friends say their text?
 1. 3 (משנ"ב ד)
 2. 7 (י"א שם)
 - viii. Q: What do they say in conclusion?
 1. "Go and eat with joy and drink with a good heart" (משנ"ב שם)
 - ix. Q: What if one has a bad dream about his friend?
 1. He should fast, especially since the dream may in truth be about the dreamer and the dream is shown only in an allusive manner (משנ"ב שם)
 - x. Q: What are the exceptions to this הלכה? (הע' 2)
 1. One who filled himself and then dreamt need not fast (ערה"ש)
 2. A רב אלישיב קטן
 - xi. Q: Does this הלכה apply nowadays? (הע' 3)
 1. No (חזו"א), but one should say the נשיאת כפים רבש"ע during חזו"א
 - a. Q: In practice, how do we rule?
 - i. If one wishes to rely on the חזו"א's opinion, he may (רב אלישיב)
 - xii. Q: May one appoint a שליח to do the הטבת חלום on his behalf? (הע' 5)
 1. No (רב אלישיב)
 - xiii. Q: May the three listeners be קטנים? (הע' 6)
 1. Yes, if adults are not available (כף החיים, א"א מבוטשאטש)
 - xiv. Q: May the רב העיר substitute for three listeners? (שם)
 1. Yes (ערה"ש)