



1. Talmud, Pesachim 116a

משנה: מתחיל בגנות ומסיים בשבח ודורש מארמי אובד אבי עד שיגמור כל הפרשה כולה.
גמרא: מאי "בגנות"? רב אמר מתחלה עובדי עבודת גלולים היו אבותינו, [ושמואל] אמר עבדים היינו.

Mishnah: One begins with disgrace and concludes with praise...

Gemara: What is "with disgrace"? Rav said: "From the beginning our ancestors were idolaters." And Shemuel said: "We were slaves."

2. Rabbi Yeshayahu of Trani (12th-13th century Italy), Tosafot Rid to Pesachim 116a

מתחיל לספר בגנותן שלישראל כדי להזכיר נפלאות הבורא שהפליא לעשות עמנו

He begins to tell of the shame of Israel, to call to mind the wonders of the Creator, who acted wondrously for His nation.

3. Rabbi Shemuel Eidels (16th-17th century Poland), Maharsha, Chiddushei Aggadot to Pesachim 116a

שביום שמחת לבו של אדם יזכור תחלת שפלותו וגנותו שלא תזוה דעתו עליו

For on the day of a person's great joy he should remember the beginning, his low status and degradation, lest he become arrogant.

4. No Yolk! Scientists Unboil an Egg Without Defying Physics <https://www.livescience.com/49610-scientists-unboil-egg.html>

Scientists have figured out a way to do something that seems impossible: unboil an egg. But strange as it may sound, the feat doesn't defy basic laws of science.

When you boil an egg, the proteins unfold and refold into a more tangled, disordered form. But in a new study, a group of researchers found a way to pull apart the proteins in cooked egg whites, and allow them to refold into their original shape.

5. Yehoshua 5:2-12

At that time Hashem told Yehoshua: Make stone blades, and circumcise Israel again. And Yehoshua made stone blades, and he circumcised Israel at *Givat ha'Aralot*... And Hashem said to Yehoshua: Today I have removed the shame of Egypt from you. And they called the place Gilgal, until today. And Israel camped in Gilgal, and they performed the Pesach... And they ate of the land's produce...

6. Removing the shame of Egypt

- We no longer looked Egyptian (Radak)
- We were no longer attached to Egyptian idolatry (Ralbag)
- We made it to Israel (Abarbanel)
- Another idea: We are not renegade Egyptian slaves!

7. Yehoshua 24:2-4

And Yehoshua told the entire nation: So declares Hashem, Lord of Israel! Beside the river your ancestors dwelled long ago, Terach, father of Avraham and father of Nachor. And they served the gods of others. And I took your ancestors, Avraham, from beside the river, and I brought him through the entire Land of Canaan, and I multiplied his children and I gave him Yitzchak...

8. Terach's Impact

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| Terach | Nachor-Milkah | | Rivkah, Leah, Rachel (Bilhah, Zilpah) |
| | Avraham-Yiskah/Sarah | | Avraham, Yitzchak, Yaakov |
| | Haran | Milkah | Rivkah, Leah, Rachel (Bilhah, Zilpah) |
| | | Yiskah/Sarah | Avraham, Yitzchak, Yaakov |