

הלכות ברכות הודאות (סימן רכ: הטבת חלום ותעניתו)

רכ:ב

Outline

1. Today's Topics
 - a. Fasting for a bad dream
2. רכ:ב תענית חלום
 - a. Fasting to nullify a bad dream is as good as fire is to linen (שו"ע), but this applies only on the day of the dream, and even on שבה (רמ"א)
 - i. Q: What should pregnant and nursing women do for a bad dream?
 1. They shouldn't fast but rather should redeem themselves with money (משנ"ב ה)
 - ii. Q: What besides a fast is required?
 1. תשובה because just as a קרבן is effective only with תשובה, so too, a fast is effective only with תשובה (משנ"ב ו)
 - iii. Q: Is one obligated to fast?
 1. No (משנ"ב ז)
 - iv. Q: If one fasts, what does he had to תפילה (הע' 13)
 1. "ענונו", and he can say "ביום צום תעניתנו" because the fast was decreed upon him from (משנ"ב תקסב:כו) שמים