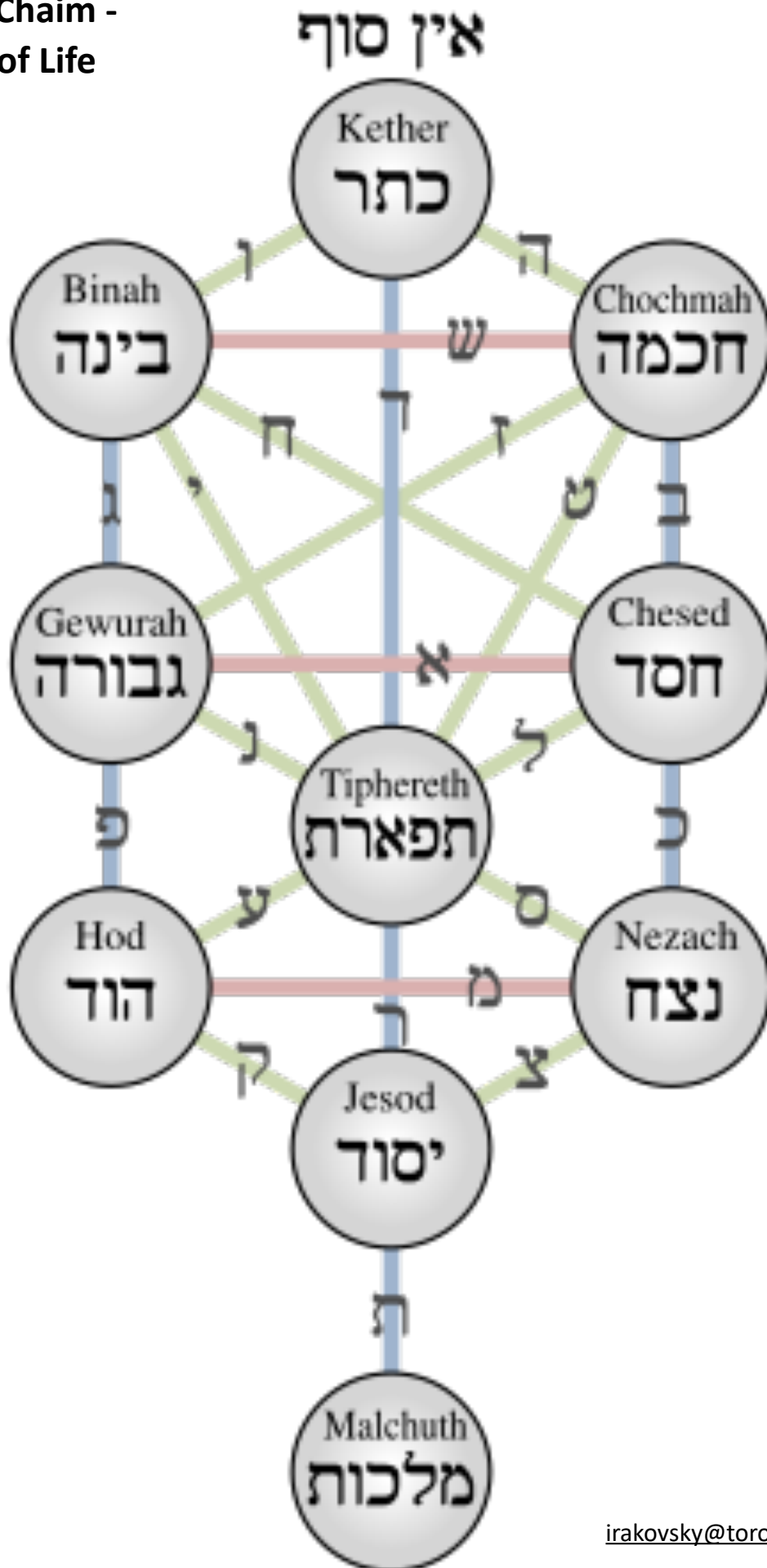
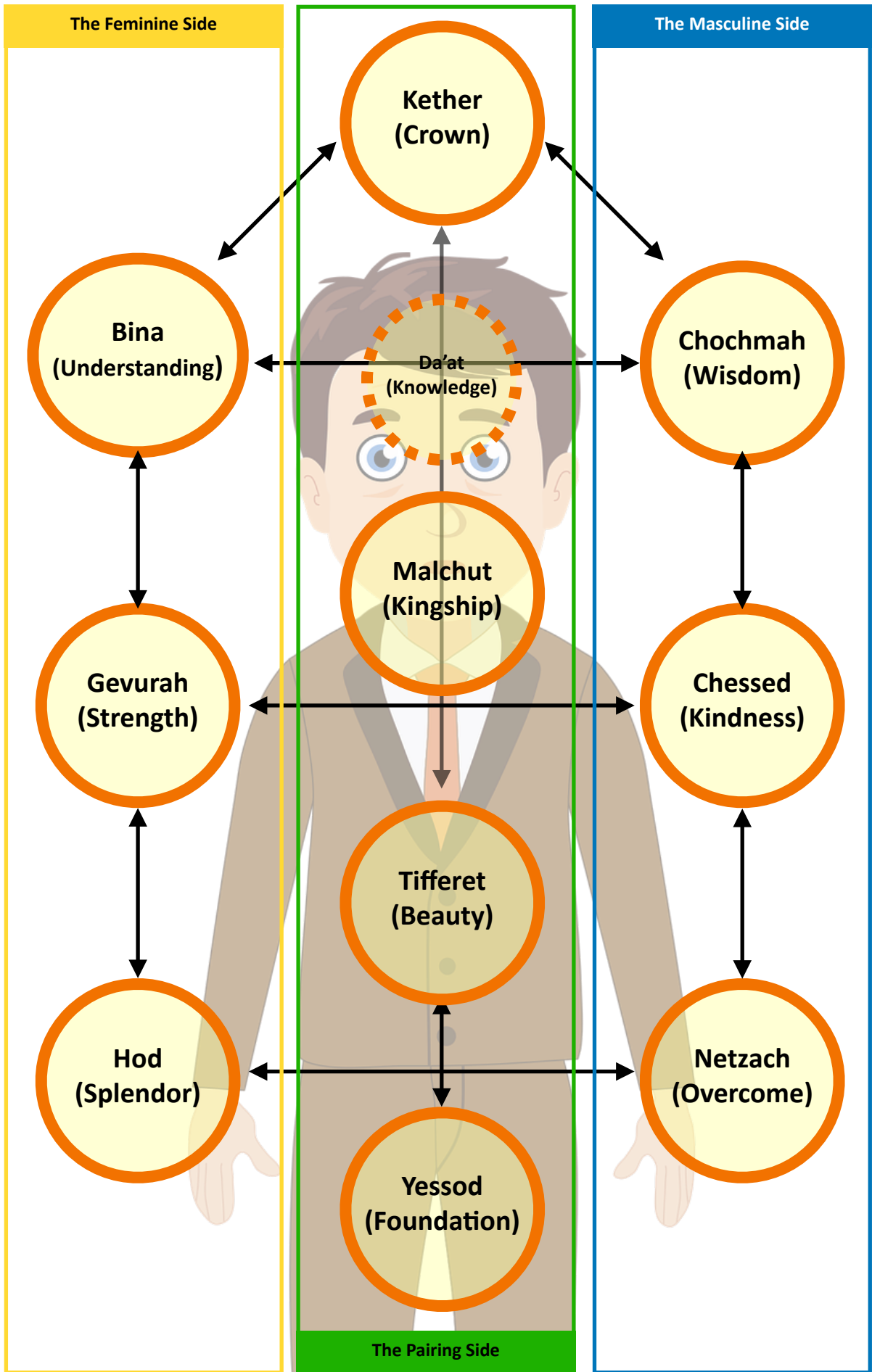


The Ten Sefirot

1. Etz HaChaim - the Tree of Life





2. The Sefirot and the Body:

	Sefirah	Meaning
1	Kether (Crown)	The Divine Sefirah. Represents G-d and the upper worlds.
2	Chochmah (Wisdom)	the soul faculty that conceives any matter. Often referred to as the first flash of intellect
3	Binah (Understanding)	Takes the original idea that was obscured in Chochmah and expands and develops it both in breadth and depth
	Da'at (Knowledge)	(Most Don't Count as Sefirah) - the power to unite the intellect and the emotions.
4	Chessed (Kindness)	diffuses kindness to all without limit
5	Gevurah (Strength)	the power and ability to limit and contract
6	Tiferet (Beauty)	blends Chessed and Gevurah with harmonious and beautiful results
7	Netzach (Overcome)	denotes the idea of dominance
8	Hod (Splendor)	it denotes with strain to the point of submission
9	Yessod (Foundation)	balances the two, facilitates communication, and is therefore the foundation of the world.
10	Malchut (Kingship)	the receiver or recipient of influence from the higher Sefirot